



# MANDAKINI BUZZ

REALISING, HONOURING, SHAPING



## REACHING HEIGHTS

EDUCATION IS THE KEY TO OPPURTUNITY

[WWW.GANGAINTERNATIONALSCHOOL.BIZ](http://WWW.GANGAINTERNATIONALSCHOOL.BIZ)

JULY 2023



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## PRINCIPAL'S DESK

A well-educated mind will always have more questions than answers

What else could have been better than starting the talk with a very famous quote by Helen Keller. Education is truly a liberating tool and GIS, Sawda is determined to equip every child that enters the school with this tool. I believe that each and every child has the capacity to make the world a better place. Here at GIS, we lay the foundation of the child's overall development. Along with academics, we put equal emphasis on sports, life skills, health and hygiene and values. Our Motto is 'Learning and gaining knowledge' Therefore the management, Principal and teachers here strive to provide a learning conducive environment which enables children to self-enquire and explore their talent and bloom to their fullest potential and provide intellectual beings to our society.

Ms. Prerana Chauhan

## YOUNG MINDS



A prosperous professional career before even crossing the teenage years – just what **Appalla Saikiran** achieved with his pathbreaking idea and the right mentorship. Appalla, an Ivy Early Entrepreneur, founded SCOPE at the age of 17. The idea was inspired from his own struggle to find the right mentors, investors and connect with other entrepreneurs in his early days of entrepreneurship. SCOPE is a new-age holistic platform that brings together aspiring entrepreneurs, venture capitalists, investors and industry experts. Awards and accolades have followed Appalla since – Global Kids Achievers Award, a spot at the Junior CEO program certified by Brown University and an invitation by Google to visit their office, a few among the many.

# SHOW & TELL ACTIVITY



The Primary Wing of GIS, Sawda, organized Show and Tell Activity on 14<sup>th</sup> July 2023 to strengthen the verbal skills and to foster public speaking competency of the young minds.

The students from kindergarten, class I and class II participated in this activity which enabled them to improve their descriptive skills by communicating thoughts and emotions with words.

The students were given a scientific theme based on their level. They were excited to share their descriptive narration and waited eagerly for their turn to show and tell.

Charts, props and posters were prepared by the students and teachers which added to the beauty of scenario. The inspiring presentation left no stone unturned to achieve a realistic development of their skills and to discover the power of spoken words.

It was an interesting and a thrilling experience for the kids sharing their feelings disperser to share provides a d fun and comfortable learning arena for everyone involved

# COLOUR DAY CELEBRATION



To develop a basic understanding of every color, our school organizes color days. Colors are indeed the smiles of nature..... The 'Red Day', green day' etc, were wonderful learning activities that helped children to sort and classify objects based on each color, thereby reinforcing cognitive skills. These are scintillating days with innocent faces gleaming and reflecting brightness, joy, love, and happiness. Students came wearing vibrant and colorful clothes which gave them a deep understanding of every color.

Learning Outcome: The kids understand the significance of one of the colors and feel the joy of having vibrant colors in their immediate environment.



# GOOD TOUCH BAD TOUCH WORKSHOP



GIS Sawda, conducted a workshop in the school campus on the topic of, 'Good Touch Bad Touch.' The workshop was conducted with the objective of spreading awareness and educating children about good and bad touch, at a time when child abuse and molestation exist as dark realities in society today. Taking responsibility to sensitize and equip the children, so that they can handle the 'not so positive events' in life in a better way, the goal of the interaction was to inform them about potentially dangerous situations, without causing any anxiety. The students were shown a short-animated movie showing how raising a voice against such events would help them handle it. The students were made aware of the usage of NO in such circumstances.



# KARGIL DIWAS



The students from 3rd to 12th watched a documentary on Kargil War by History TV. Kargil War also known as operation Vijay has been one of the most significant battle in the history of free India as it proved again that we as a nation are very well capable of fighting any adverse situation/enemy.

The event was being conducted by Ms. Nikita & Mr. Vikas wherein the students learnt skills like leadership, nationalism, self-resilience & took utmost pride in being in an Indian which will definitely be going to help them to be a better citizen in the future.



# INTERHOUSE BASKETBALL COMPETITION



The Interhouse Basketball Competition at Ganga International School Sawda was an exhilarating display of skill, teamwork, and sportsmanship. The school's students eagerly filled the bleachers, their faces filled with anticipation and excitement, as the four houses competed for the coveted title of champions. It was VALOUR HOUSE who emerged as the triumphant victors. They displayed exceptional resilience and strategic play, securing the title with a hard-fought victory and a final score of 08-07.

The Interhouse Basketball Competition concluded with a ceremony to honor the winning team. The participants from all houses were praised for their sportsmanship and dedication to the game.

Congratulations to Valour House for their well-deserved victory in this year's Interhouse Basketball Competition. The event not only highlighted the athletic talents of the students but also brought the entire school community together in the spirit of friendly competition.

# SLOGAN WRITING COMPETITION



Slogan competition has been celebrated during English Week

During the thrilling celebration of the Slogan Competition, the air is charged with creativity and enthusiasm as participants showcase their linguistic prowess. The event is adorned with vibrant decorations, students to professionals, gather to put their innovative minds to the test. The atmosphere is abuzz with excitement as the participants eagerly present their carefully crafted slogans, each one a unique expression of their thoughts and ideas.





# ज्ञान ज्याती

## मैं तो बबूल हूं

मैं हूं बबूल, आओ सुनो मेरे जीवन की कथा।  
कहीं पर भी आसानी से मैं उग जाता।

कांटे मेरा सुरक्षा कवच।  
मेरी लकड़ी सबसे सस्ती। मेरी लकड़ी सभी  
को भाए।  
मैं तो बबूल हूं।

इंसान के अंतिम समय में मैं काम आता।  
कांटो में रहकर भी मैं सबको खुशियां देता  
हूं।  
अनेक है मेरे गुण जिसने भी मुझको है  
जाना।

उसी ने खुशियों को है पाया।  
सभी जगह पर मैं पाया जाता।  
मैं तो बबूल हूं।

औजार बनाने के काम में आता।  
कभी रोटी पकाने के काम में आता।  
बकरी का मैं भोजन बन जाता।  
मैं तो बबूल हूं।  
अंजलि  
कक्षा सातवीं

## हाथी और रस्सी

एक दिन एक आदमी हाँथियो के बाड़े से हो के  
गुजर रहा था। नजदीक पहुंच के उसने देखा की  
इतने विशाल हाँथियो को ना तो पिंजरे में रखा गया  
था ना ही इन्हे जंजीरो से बंधा गया था। उन्हें बस एक  
साधारण रस्सी से एक खूंटे में बंधा गया था।

इस उलझन में की इतने साधारण रस्सी को ये हांथी  
कभी भी तोड़ के भाग सकते है। पर भाग क्यों नहीं  
रहे ? ये सवाल उस आदमी ने वहाँ के हांथी पालक  
से पूछा। हांथी पालक ने जवाब दिया ये हांथी जब  
बच्चे थे तब भी रस्सी से बंधे होते थे। और बार बार  
प्रयास करने के बाद भी हाँथियो से रस्सी नहीं टूटती  
थी।

इस लिए अब बड़े होने के बाद भी ये उन्हें ये विश्वास  
हो गए है की ये रस्सी कभी नहीं टूट सकती। इस  
कारन वे कभी रस्सी तोड़ने की कोशिश नहीं करते  
है।

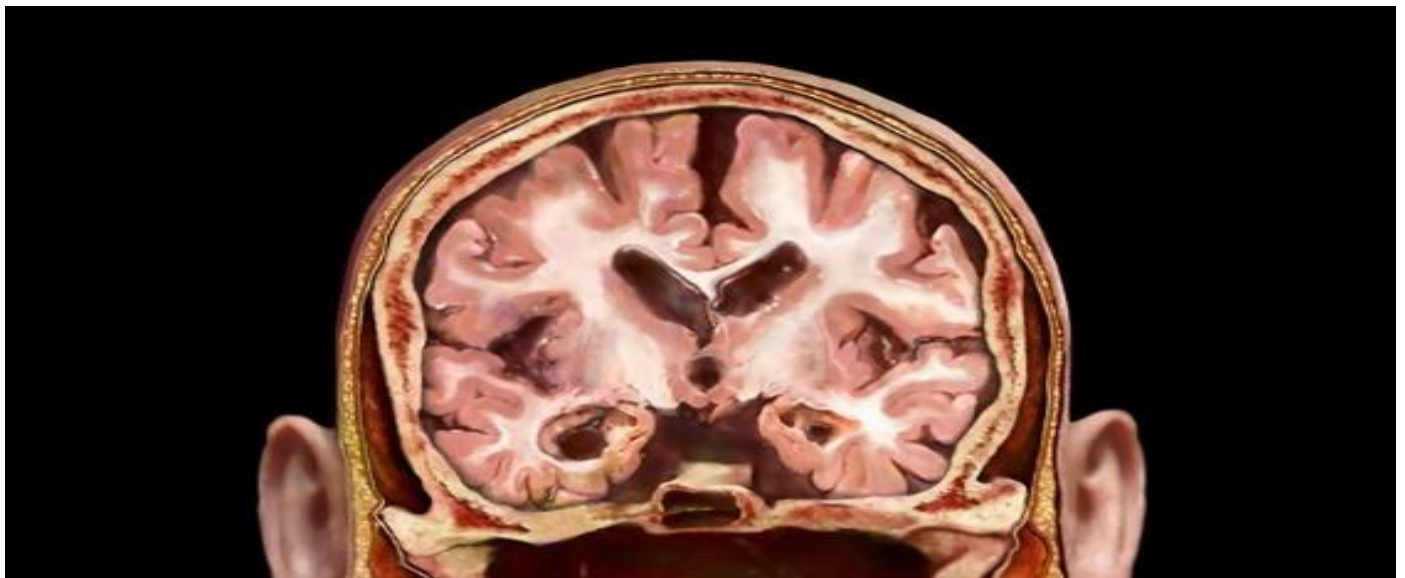
कहानी से सीख : अक्सर लोग विश्वास कर लेते है  
की उनसे ये काम नहीं होगा। पर हमारी क्षमता  
हमारे विश्वास से परे है। इसलिए अपनी क्षमता को  
पहचान के कार्य करना चाहिए।

आशना

कक्षा दसवीं

# SCIENTIFIC REVELATIONS

## DEMENTIA RISK LINKED TO BLOOD-PROTEIN IMBALANCE IN MIDDLE AGE



The researchers found 32 proteins that, if dysregulated in people aged 45 to 60, were strongly associated with an elevated chance of developing dementia in later life.

This regulation is important in preventing proteins from going rogue and clumping together, which is what happens to the amyloid and tau proteins in the brains of people with Alzheimer's disease, the most common cause of dementia.

The study found altered levels of many of the proteins both in the brain tissues of those who had died with Alzheimer's disease, and in the blood of those still living with it. These were associated with the presence of amyloid and tau proteins, which suggests they are somehow involved in processes specific to the disease.

# READER'S COLUMN

## Tree

Dear Tree,  
In the Spring, you give the birds  
a place to rest.  
On your lovely branches, I can  
hear a family of Robbins singing  
in their nest.  
Some trees are short, some trees  
are tall,  
But all trees are lovely as their  
leaves change in the love to see  
your reds and browns, but your  
golden yellows are the best of  
all.  
How beautiful you are covered in  
winter white,  
As you stand in the snow and  
your branches are frozen in ice.

Then again comes the spring so  
crisp and clean,  
Waking you out of your  
slumbering sleep.  
Joyfully telling you another year  
has gone by,  
" Look up dear tree you have  
grown one inch closer to the  
sky."

-Aahana Bakshi  
Class V

## ALL I NEED IS A FRIEND

Books fill up my room.  
Not baseball cards,  
or pictures of girls,  
or basketballs.  
Maybe a blown up picture of  
...  
... Pam Anderson might help.

Black-framed glasses  
and a white,  
pale,  
lanky  
body.  
I should start working out.

At least I can read.  
I read four books a day last  
summer.  
The librarian,  
80-year-old Mrs.  
Woodsworth,  
she knows my middle name.  
If only I had a real friend.  
I am sick of seeing her old,  
bony,  
pale body.  
Although it resembles mine.