



Realising Honouring Shaping

# MANDAKINI Buzz




**Education is the key to opportunities.**

**JANUARY 2025**

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## Principal's Desk

January has been a month of enthusiasm, learning, and new beginnings. Our students have shown incredible dedication in academics, co-curricular activities, and sports, and I am immensely proud of their achievements. As we move forward, let us remain committed to hard work, resilience, and teamwork, fostering a learning environment that nurtures both intellect and character.

I encourage our students to make the most of every opportunity, stay curious, and never stop believing in their potential. To our dear parents, thank you for your continuous support and trust. Your partnership plays a crucial role in shaping the bright futures of our children. And to our teachers and staff, your dedication and hard work continue to inspire and uplift our school community.

Wishing you all a wonderful year ahead!



## Young Mind

Malala Yousafzai, born in 1997 in Pakistan, was not an ordinary child. While most children her age were busy with school and play, Malala was fighting for the right to education. Growing up in the Swat Valley, she witnessed the Taliban banning girls from attending school. Unlike many children who might have remained silent in fear, Malala courageously spoke out, writing a blog for the BBC under a pseudonym at just 11 years old, detailing life under Taliban rule. Her advocacy for girls' education made her a target, and in 2012, she was shot by the Taliban but miraculously survived. Instead of being silenced, she emerged stronger, becoming a global voice for education. She went on to become the youngest-ever Nobel Prize laureate at the age of 17. Malala's story is a powerful reminder that age is no barrier to making a difference. She inspires students worldwide to stand up for their rights, believe in the power of education, and use their voices to bring positive change.





# WORKSHOP

## Adolescence

### Adolescence Awareness

Ganga International School, Sawda organized an insightful and informative Puberty Awareness Workshop aimed at educating young minds about the physical, emotional, and psychological changes that come with this crucial phase of life. The session provided a safe and open platform to address common concerns, break myths, and ensure that students feel confident and well-informed during this transition.

During the session, Ms. Babbar shared valuable insights into the biological and emotional aspects of puberty, emphasizing the importance of self-awareness, hygiene, mental well-being, and open communication. She also addressed common misconceptions and provided practical guidance to help students navigate this phase with confidence.



The interactive nature of the workshop encouraged students to ask questions and engage in meaningful discussions, creating a comfortable and supportive learning environment. The session concluded with a note of gratitude from the school, acknowledging Ms. Babbar's expertise and impactful contribution.

# Drenched in the colours of Patriotism

On 25th January 2025, Ganga International School, Sawda, celebrated the 76th Republic Day with great patriotism and enthusiasm. The event began with the ceremonial flag hoisting, symbolizing the spirit of unity and pride in the nation. This was followed by the morning assembly, which included prayers and a patriotic atmosphere. The Principal Ma'am Ms. Prerana Chauhan addressed the gathering with an inspiring speech, emphasizing the importance of the Constitution and the responsibilities of being a good citizen.



For the love  
of nation



Students recited a heartfelt poem, evoking a sense of pride and love for the country. Speeches further enriched the event, reflecting on the significance of Republic Day. A melodious patriotic song performed by students left the audience captivated. Additional speeches highlighted the sacrifices made by freedom fighters and the need to uphold the values of the Constitution.

The highlight of the assembly was a thought-provoking nukkad natak, which shed light on the importance of unity, equality, and patriotism in modern times. The event concluded with a vote of thanks, expressing gratitude to all participants and attendees for making the celebration memorable. The day served as a reminder of the GIS, Sawda's commitment to fostering patriotism and responsible citizenship among its students









# SHAPING *Future Champions*

At Ganga International School, Sawda, we are committed to creating future-ready all-rounders—students who excel in academics, sports, innovation, and leadership. Education here goes beyond textbooks; we focus on critical thinking, emotional intelligence, and real-world problem-solving to ensure every child thrives in an evolving world.

As we step into 2025, we are introducing cutting-edge initiatives like AI-driven personalized learning, leadership incubators, and experiential career programs to equip students with future skills and an entrepreneurial mindset. Our STEAM-integrated curriculum, social-emotional learning, and global exposure ensure they are not just prepared but ready to lead.

2025 is the year of breakthroughs. Our students won't just participate; they will dominate. They won't just follow; they will lead. With passionate educators, world-class learning, and a relentless pursuit of excellence, Ganga International School is committed to ensuring every child emerges a winner for life!







# GRATITUDE CULTURE



## at GIS Sawda

Ganga International School, Sawda understands that gratitude is not limited to a single day or event; it is a way of life. The school emphasizes this philosophy through its morning prayer, where students collectively express their thanks for the opportunities, resources, and relationships they are blessed with. The prayer is more than a ritual—it is a heartfelt moment that sets a positive tone for the day.

Every morning, students are encouraged to acknowledge even the simplest joys—a beautiful sunrise, a supportive teacher, or the comfort of their homes. This practice instills humility and helps students develop a sense of responsibility to give back to their community.

To deepen the understanding and practice of gratitude, the school has introduced Happiness and Meditation classes. These sessions serve as safe spaces where students can pause amidst their academic routines, reflect on their experiences, and discover the power of mindfulness.

primary students of Ganga International School, Sawda, from LKG to Class 5, enthusiastically participated in a creative and eco-friendly activity titled “Best Out of Waste.” This engaging initiative encouraged students to transform waste materials into beautiful and useful items, showcasing their imagination and artistic skills. .



grateful  
for all





## *Daily Affirmations*

I can do this.

I'm enough.

I am healthy.

I work hard and get good marks.

I am valid and valuable.

I am unique and beautiful.

I have power over my own happiness.

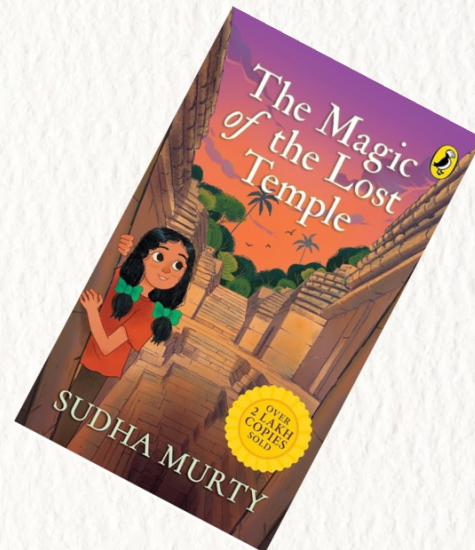
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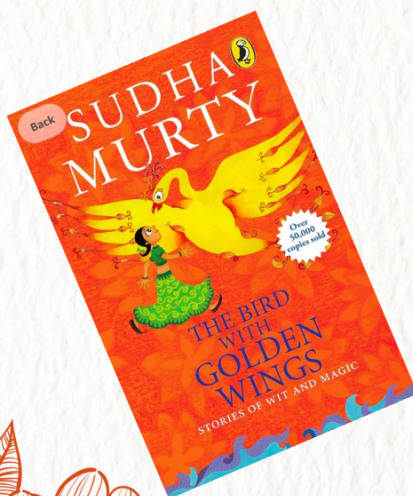
## BOOKS OF THE MONTH



**Senior Wing Students**



**Middle Wing Students**



**Primary Wing Students**

# ज्ञान ज्याती

कहानी - घमंडी पर्वत

एक जंगल में एक विशाल पर्वत था। एक दिन उस विशाल पर्वत ने जानवरों को देखा, जंगल को देखा और फिर खुद को देखा। उसे अपने आकार

पर बहुत घमंड हुआ उसने कहा मैं सबसे शक्तिशाली हूँ, मैं ही तुम्हारा ईश्वर हूँ। पर्वत की यह बातें सुनकर सभी जानवरों को बहुत गुस्सा आया। घोड़े ने आगे बढ़कर कहा – ओ घमंडी पर्वत अपने आप पर इतना घमंड मत कर। एक क्षण में तुम्हें दौड़ कर पार कर सकता हूँ, पर घोड़ा लड़खड़ा कर गिर गया।

पर्वत दिल खोलकर हंसा, इसी तरह हाथी, ऊँट, जिराफ सभी ने कोशिश की पर वे पहाड़ का कुछ बिगाड़ नहीं पाए अब सभी जानवरों को अपना दोस्त चूहा याद आया। चूहा पर्वत के पास आया और उसने पर्वत को चुनौती दी। पर्वत ने चूहे का खूब मजाक उड़ाया। चूहे ने मुस्कुराते हुवे पर्वत में छेद बनाना प्रारंभ किया। अन्य चूहों ने भी पर्वत में छेद करना चालू कर दिया। पर्वत घबरा गया उसने सभी जानवरों से माफ़ी मांगी। इस तरह पर्वत के घमंड को एक छोटे से चूहे ने तोड़ दिया।

शिक्षा - कभी अपने ऊपर घमंड मत करो।

अहाना  
कक्षा - छठी

कविता - आयी है दीवाली

आयी है दीवाली देखो,

आयी है दीवाली।

ले के जीवन में खुशहाली,

आयी है दीवाली।

घर-आँगन में है रौनक,

और चारों ओर रंगोली से सजावट।

दियो से सज गयी है चौखटे,

रंगीन हो गयी हैं झालरों से दीवारें।

मन में हर्ष और उल्लास फैलाने,

आयी है दीवाली।

खुशियों ने दी है आहटें,

रौशनी से रौशन है सब।

चारों ओर फैली है जगमगाहट

पटाखों की गूँज से।

आसमाँ भी हो गया है रौशन

आयी है दीवाली देखो,

आयी है दीवाली।

रक्षित

कक्षा - सातवीं





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**FIT**  
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# **ADMISSION OPEN** **2025-26**

*For Classes Playschool to  
IX & XI*



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**Ganga International School**